

Participative Democracy Certificate: Case Study 2022

Carers Trust Scotland – Recognising achievement with the PDC

Abbie's Story – A Young person's view of how PDC made a difference

By taking part and completing my PDC Qualification it made a difference as it allowed me to meet other young people who were completing the qualification and make new friendships. I have also been able to add it to my CV, to help me find a job after higher education, which can significantly improve my CV by having it stand out.

It has made a difference to my confidence. I looked back at some old stuff I worked on and compared to now and I can see a real difference in my decision making as I am less hesitant when in the decision making process, and I found it very easy to fit around all my caring responsibilities.

Why Carers Trust Scotland uses the PDC - Nicola Bell, Youth Engagement Officer



For young carers taking part in Carers Trust Scotland activities, the PDC gives them formal recognition for the incredible commitment and hard work they demonstrate through volunteering with us. It is a nice way to give back to the young people and formally reward their work.

For us as an organisation, we can support young people through the process and offer this award as an addition to our voluntary opportunities. We are also able to report back to our funders on the development of young people; the PDC is a great addition to our monitoring and evaluation process.