****

**Updated National Youth Work Outcomes**

Outcome 1: Young people build their health and wellbeing

Outcome 2: Young people develop and manage relationships effectively

Outcome 3: Young people create and apply their learning and describe their skills and achievements

Outcome 4: Young people participate safely and effectively in groups and teams

Outcome 5: Young people consider risk, make reasoned decisions and take control

Outcome 6: Young people grow as active citizens, expressing their voice and enabling change

Outcome 7: Young people broaden their perspectives through new experiences and thinking

**Skills with Associated Indicators**

**Confidence**

I can seek out learning opportunities and support

I can participate in new opportunities and experiences

I can identify the new skills and knowledge I’ve developed

I can use my learning and skills in different settings

I can look for new challenges

I can ask for information and support

I can learn from my mistakes

**Resilience**

I can show determination to achieve my goals

I can adapt and be flexible as the facts / situation changes

I can keep going even when I’m finding things difficult

I can show courage to take action even when the outcome is uncertain

I can try again if I don’t succeed the first time

**Looking after myself**

I can identify goals for my physical/mental health and take action to achieve them

I can manage my feelings

I can ask for help if I need it

I can explain the consequences of harmful behaviour on myself

I can understand the role of peer pressure in harmful behaviour

I can understand my human rights, including those set out in UNCRC

**Building Relationships**

I can recognise and seek out positive relationships

I can make new friends

I can manage friendships

I can show respect towards others

I can see things from another person’s perspective

I can engage with people outside my friendship group

I can resolve conflict peacefully within my relationships

I can understand professional relationships and boundaries

**Communication**

I can express my thoughts and feelings to appropriate adults

I can speak in a group and share my opinions

I can listen to other people’s opinions

I can take time to understand what someone is communicating to me

I can recognise and address prejudice and discrimination

I can construct and defend an argument

I can ask for help if I don’t understand

I can communicate effectively using a range of methods

I can use social media responsibly

**Organising and planning**

I can set my own goals

I can take responsibility for tasks

I can break down big objectives into smaller tasks

I can plan and prioritise tasks

I can work to deadlines

I can finish tasks I start

**Decision making**

I can think critically about information

I can ask for more information and support

I can identify risk and explain it to others

I can explain why I made a choice

I can take responsibility for my actions

I can participate in decision making processes

**Problem solving**

I can identify problems

I can break problems down into smaller parts to find a solution

I can contribute to creative solutions

I can challenge and question my own and others’ opinions

**Teamwork**

I can work with others on group tasks

I can support other young people in a group

I can understand the role of power within groups

I can give and receive feedback

I can follow instruction

I can be reliable

**Leadership**

I can identify my strengths

I can share my learning and skills with others

I can be a positive role model through my own behaviour

I can shape the direction or progress of a group

I can motivate others

I can delegate tasks

I can support others in their learning

I can act with integrity

I can bring out the best in others

I can engage and include a wide range of people

**Creating change**

I can identify new ways of working

I can understand the principles of social justice

I can recognise how my actions impact on others locally, nationally and globally

I can take action on issues that are important to me

I can play an active role in delivering change in my community

I can engage in democratic structures

I can represent the views of young people

I can influence decision-making

|  |  |  |  |
| --- | --- | --- | --- |
| **Confidence**I can seek out learning opportunities and supportI can participate in new opportunities and experiences I can identify the new skills and knowledge I’ve developedI can use my learning and skills in different settings I can look for new challenges I can ask for information and support I can learn from my mistakes | **Resilience**I can show determination to achieve my goals I can adapt and be flexible as the facts / situation changes I can keep going even when I’m finding things difficultI can show courage to take action even when the outcome is uncertainI can try again if I don’t succeed the first time | **Looking after myself**I can identify goals for my physical/mental health and take action to achieve themI can manage my feelingsI can ask for help if I need it I can explain the consequences of harmful behaviour on myself I can understand the role of peer pressure in harmful behaviour I can understand my human rights, including those set out in UNCRC  | **Building Relationships**I can recognise and seek out positive relationshipsI can make new friendsI can manage friendshipsI can show respect towards othersI can see things from another person’s perspectiveI can engage with people outside my friendship groupI can resolve conflict peacefully within my relationshipsI can understand professional relationships and boundaries |
| **Communication**I can express my thoughts and feelings to appropriate adults I can speak in a group and share my opinionsI can listen to other people’s opinionsI can take time to understand what someone is communicating to meI can recognise and address prejudice and discriminationI can construct and defend an argumentI can ask for help if I don’t understandI can communicate effectively using a range of methodsI can use social media responsibly | **Organising and planning**I can set my own goalsI can take responsibility for tasksI can break down big objectives into smaller tasksI can plan and prioritise tasksI can work to deadlinesI can finish tasks I start | **Decision making**I can think critically about informationI can ask for more information and supportI can identify risk and explain it to othersI can explain why I made a choiceI can take responsibility for my actionsI can participate in decision making processes | **Problem solving**I can identify problemsI can break problems down into smaller parts to find a solutionI can contribute to creative solutionsI can challenge and question my own and others’ opinions |
| **Teamwork**I can work with others on group tasksI can support other young people in a groupI can understand the role of power within groupsI can give and receive feedbackI can follow instructionI can be reliable  | **Leadership** I can identify my strengthsI can share my learning and skills with othersI can be a positive role model through my own behaviourI can shape the direction or progress of a groupI can motivate othersI can delegate tasksI can support others in their learningI can act with integrityI can bring out the best in othersI can engage and include a wide range of people | **Creating change**I can identify new ways of workingI can understand the principles of social justiceI can recognise how my actions impact on others locally, nationally and globallyI can take action on issues that are important to meI can play an active role in delivering change in my communityI can engage in democratic structuresI can represent the views of young peopleI can influence decision-making | **Communication**media responsibly |