



## Jade – age 21

### TANNAHILL CENTRE

#### A Safe Place

I've known the youth workers since I was in primary school. I liked working with them because I felt like I could just be myself with them. I've been a volunteer since I was about 13. I started by helping out with planning and organising events. Now I take more of a leadership role, supporting the younger ones. Working in a smaller group has helped me to build my confidence. I feel like my youth worker really believes in me – she supports me to make decisions and I get lots of chances to try things out.

My relationships with the youth workers and other young people at the centre have really helped to make me more confident about building relationships. I got bullied a lot in school, but the environment here felt much friendlier. It was easy to get to know people and we all just clicked. Having strong relationships here has made starting at college feel safer – I know I have people at the centre who will support me, no matter what.

*Youth Scotland supported Tannahill to develop their offer to Young Leaders through their Generation CashBack programme which provides capacity building support to Youth Scotland members.*