

Updated National Youth Work Outcomes

Outcome 1: Young people build their health and wellbeing

Outcome 2: Young people develop and manage relationships effectively

Outcome 3: Young people create and apply their learning and describe their skills and achievements

Outcome 4: Young people participate safely and effectively in groups and teams

Outcome 5: Young people consider risk, make reasoned decisions and take control

Outcome 6: Young people grow as active citizens, expressing their voice and enabling change

Outcome 7: Young people broaden their perspectives through new experiences and thinking

Skills with Associated Indicators

<p>Confidence</p> <ul style="list-style-type: none"> I can seek out learning opportunities and support I can participate in new opportunities and experiences I can identify the new skills and knowledge I've developed I can use my learning and skills in different settings I can look for new challenges I can ask for information and support I can learn from my mistakes 	<p>Resilience</p> <ul style="list-style-type: none"> I can show determination to achieve my goals I can adapt and be flexible as the facts / situation changes I can keep going even when I'm finding things difficult I can show courage to take action even when the outcome is uncertain I can try again if I don't succeed the first time 	<p>Looking after myself</p> <ul style="list-style-type: none"> I can identify goals for my physical/mental health and take action to achieve them I can manage my feelings I can ask for help if I need it I can explain the consequences of harmful behaviour on myself I can understand the role of peer pressure in harmful behaviour I can understand my human rights, including those set out in UNCRC 	<p>Building Relationships</p> <ul style="list-style-type: none"> I can recognise and seek out positive relationships I can make new friends I can manage friendships I can show respect towards others I can see things from another person's perspective I can engage with people outside my friendship group I can resolve conflict peacefully within my relationships I can understand professional relationships and boundaries
<p>Communication</p> <ul style="list-style-type: none"> I can express my thoughts and feelings to appropriate adults I can speak in a group and share my opinions I can listen to other people's opinions I can take time to understand what someone is communicating to me I can recognise and address prejudice and discrimination I can construct and defend an argument I can ask for help if I don't understand I can communicate effectively using a range of methods I can use social media responsibly 	<p>Organising and planning</p> <ul style="list-style-type: none"> I can set my own goals I can take responsibility for tasks I can break down big objectives into smaller tasks I can plan and prioritise tasks I can work to deadlines I can finish tasks I start 	<p>Decision making</p> <ul style="list-style-type: none"> I can think critically about information I can ask for more information and support I can identify risk and explain it to others I can explain why I made a choice I can take responsibility for my actions I can participate in decision making processes 	<p>Problem solving</p> <ul style="list-style-type: none"> I can identify problems I can break problems down into smaller parts to find a solution I can contribute to creative solutions I can challenge and question my own and others' opinions
<p>Teamwork</p> <ul style="list-style-type: none"> I can work with others on group tasks I can support other young people in a group I can understand the role of power within groups I can give and receive feedback I can follow instruction I can be reliable 	<p>Leadership</p> <ul style="list-style-type: none"> I can identify my strengths I can share my learning and skills with others I can be a positive role model through my own behaviour I can shape the direction or progress of a group I can motivate others I can delegate tasks I can support others in their learning I can act with integrity I can bring out the best in others I can engage and include a wide range of people 	<p>Creating change</p> <ul style="list-style-type: none"> I can identify new ways of working I can understand the principles of social justice I can recognise how my actions impact on others locally, nationally and globally I can take action on issues that are important to me I can play an active role in delivering change in my community I can engage in democratic structures I can represent the views of young people I can influence decision-making 	

Examples of an integrated approach to evaluation

The examples below demonstrate how outcomes, skills and associated indicators can be integrated to support evaluation, but they are not intended to be prescriptive. Youth workers will adapt and edit indicators to reflect context, programme objectives and individual needs. Many programmes may focus on just one or two youth work outcomes. And when it comes to the 'right' skills and indicators to focus on, youth workers, youth work partners and young people should work together to agree which of these it would be most beneficial to work on and measure progress against.

Outcome 1: Young people build their health and wellbeing	
RELATED SKILLS WITH INDICATORS	
Looking After Myself	<ul style="list-style-type: none"> I can identify goals for my physical/mental health and take action to achieve them I can manage my feelings I can ask for help if I need it I can explain the consequences of harmful behaviour on myself I can understand the role of peer pressure in harmful behaviour I can understand my human rights and my rights as set out in UNCRC
Resilience	<ul style="list-style-type: none"> I can show determination to achieve my goals I can adapt and be flexible as the facts / situation changes I can keep going even when I'm finding things difficult I can show courage to take action even when the outcome is uncertain I can try again if I don't succeed the first time
Confidence	<ul style="list-style-type: none"> I can seek out learning opportunities and support I can participate in new opportunities and experiences I can use my learning and skills in different settings I can look for new challenges I can ask for information and support I can learn from my mistakes

Outcome 2: Young people develop and manage relationships effectively	
RELATED SKILLS WITH INDICATORS	
Relationships	<ul style="list-style-type: none"> I can recognise and seek out positive relationships I can make new friends I can manage friendships I can show respect towards others I can see things from another person's perspective I can engage with people outside my friendship group I can resolve conflict peacefully within my relationships I can understand professional relationships and boundaries
Communication	<ul style="list-style-type: none"> I can express my thoughts and feelings to appropriate adults I can speak in a group and share my opinions I can listen to other people's opinions I can take time to understand what someone is communicating to me I can recognise and address prejudice and discrimination I can construct and defend an argument I can ask for help if I don't understand I can communicate effectively using a range of methods I can use social media responsibly

Outcome 3: Young people create and apply their learning and describe their skills and achievements

RELATED SKILLS WITH INDICATORS

Organising and Planning	<ul style="list-style-type: none"> I can set my own goals I can take responsibility for tasks I can break down big objectives into smaller tasks I can work to deadlines
Confidence	<ul style="list-style-type: none"> I can seek out learning opportunities and support I can participate in new opportunities and experiences I can identify the new skills and knowledge I've developed I can use my learning and skills in different settings I can look for new challenges I can ask for information and support I can learn from my mistakes
Leadership	<ul style="list-style-type: none"> I can identify my strengths I can share my learning and skills with others I can support others in their learning

Outcome 4: Young people participate safely and effectively in groups and teams

RELATED SKILLS WITH INDICATORS

Communication	<ul style="list-style-type: none"> I can speak in a group and share my opinions I can listen to other people's opinions I can take time to understand what someone is communicating to me I can recognise and address prejudice and discrimination
Looking After Myself	<ul style="list-style-type: none"> I can manage my feelings I can ask for help if I need it I can explain the consequences of harmful behaviour on myself I can understand the role of peer pressure in harmful behaviour
Team work	<ul style="list-style-type: none"> I can work with others on group tasks I can support other young people in a group I can understand the role of power within groups I can give and receive feedback I can follow instruction I can be reliable
Decision Making	<ul style="list-style-type: none"> I can think critically about information I can identify risk and explain it to others I can explain why I made a choice I can take responsibility for my actions I can participate in decision making processes
Organising and Planning	<ul style="list-style-type: none"> I can take responsibility for tasks I can plan and prioritise tasks I can work to deadlines I can finish tasks I start
Problem Solving	<ul style="list-style-type: none"> I can identify problems I can break problems down into smaller parts to find a solution I can contribute to creative solutions I can challenge and question my own and others' opinions
Leadership	<ul style="list-style-type: none"> I can shape the direction or progress of a group I can motivate others I can delegate tasks I can act with integrity I can bring out the best in others I can be a positive role model through my own behaviour

Outcome 5: Young people consider risk, make reasoned decisions and take control

RELATED SKILLS WITH INDICATORS

Decision Making	<ul style="list-style-type: none"> I can think critically about information I can ask for more information and support I can identify risk and explain it to others I can explain why I made a choice I can take responsibility for my actions I can participate in decision making processes
Looking After Myself	<ul style="list-style-type: none"> I can ask for help if I need it I can explain the consequences of harmful behaviour on myself I can understand the role of peer pressure in harmful behaviour
Organising and Planning	<ul style="list-style-type: none"> I can take responsibility for tasks I can plan and prioritise tasks I can work to deadlines I can finish tasks I start
Problem Solving	<ul style="list-style-type: none"> I can identify problems I can break problems down into smaller parts to find a solution I can contribute to creative solutions I can challenge and question my own and others' opinions

Outcome 6: Young people grow as active citizens, expressing their voice and enabling change

RELATED SKILLS WITH INDICATORS

Decision Making	<ul style="list-style-type: none"> I can think critically about information I can explain why I made a choice I can take responsibility for my actions I can participate in decision making processes
Communication	<ul style="list-style-type: none"> I can speak in a group and share my opinions I can listen to other people's opinions I can take time to understand what someone is communicating to me I can recognise and address prejudice and discrimination I can construct and defend an argument I can communicate effectively using a range of methods I can use social media responsibly
Creating Change	<ul style="list-style-type: none"> I can identify new ways of working I can understand the principles of social justice I can recognise how my actions impact on others locally, nationally and globally I can take action on issues that are important to me I can play an active role in delivering change in my community I can understand how to engage in democratic structures I can represent the views of young people I can influence decision-making
Organising and planning	<ul style="list-style-type: none"> I can set goals and objectives I can take responsibility for tasks I can plan and prioritise tasks
Leadership	<ul style="list-style-type: none"> I can shape the direction or progress of a group I can motivate others I can include others I can bring out the best in others

Outcome 7: Young people broaden their perspectives through new experiences and thinking

RELATED SKILLS WITH INDICATORS

Relationships

- I can make new friends
- I can include others in groups
- I can listen to other people's opinions
- I can take time to understand what someone is communicating to me
- I can recognise and address prejudice and discrimination

Confidence

- I can participate in new opportunities and experiences
- I can identify the new skills and knowledge I've developed
- I can use my learning and skills in different settings
- I can look for new challenges
- I can ask for information and support
- I can learn from my mistakes

Problem solving

- I can contribute to creative solutions
- I can challenge and question my own and others' opinions

Creating change

- I can understand the principles of social justice

Leadership

- I can make connections between my own life and the life of others
- I actively seek to engage and include a wide range of people